## The Crossley Heath School Mental Health Revealed Wellbeing Newsletter



## July 2022

Our half termly newsletter aims to keep parents and carers informed of the most relevant and up to date news, guidance, advice and services that can support the emotional wellbeing of our whole school community ...



We are delighted to announce that The Crossley Heath School has achieved the Carnegie Centre of Excellence -Mental Health in Schools Award. This comes after a four-year process of action, to build and promote the support and infrastructure we have for emotional wellbeing, and then of evidencing the provision we have in place. The Carnegie Award assessor commented that;

"The school is on a journey to sustain and strengthen its underlying community feeling for all stakeholders in terms of supporting positive mental health. It is recognised by all in school that mental health and well-being is of vital importance and they are fully invested in creating the best possible provision."

Our Senior Mental Health Lead, Chris Davis, explains that the school is in a strong position to move forward to achieve even greater emotional benefits for the school community in the coming years.

"Our key achievements this year have been in harnessing the support and positive power of our students and parents/carers as leaders in shaping our whole school wellbeing provision. Our Mental Health & Wellbeing Student Leaders have been the driving force behind important initiatives like the Peer Support Network and in helping to coordinate awareness events at school. Our parent focus group has advised the school on our new social, emotional and mental health policy in addition to helping us to shape our offer for the support and guidance given to parents and carers in meeting children and young people's emotional needs."

The school now looks to achieve the next level of the Carnegie Award Excellence Programme and in doing so continue to build and embed provision and practice that best supports the emotional wellbeing of our school community for the years to come.



We are looking for more parent/carer volunteers to join the school's Emotional Wellbeing Focus Group. If you are interested in supporting positive emotional health and having opportunities to contribute to our whole school community approach to mental health, please contact us <u>c.davis@crossleyheath.org.uk</u>